

Best Bets 9/16/21 (Week Three)

By Rob Fischer (Host of a weekly Podcast, ***The Odds Couple***, on GrindCity Media and GrindCityMedia.com)

To help you with your picks each week, we'll handicap all the SEC action and I'll give you my 5 Best Bets of the week along with my favorite Over/Unders. Plus, we'll have the best NFL bets of the week.

So far, here are the numbers:

College Football Best Bet 3-0

College Football 5 Best Bets 7-8

College Football Best Over/Under Bet 1-2

College Football 5 Best Over/Unders 6-9

NFL Best Bet 1-0

NFL 5 Best Bets 4-1

SEC: 14-7SU / 8-13ATS / 10-11 OU

Here we go with Week 3.....

SEC MATCHUPS

Texas A&M -28 vs. New Mexico (51)

TXAM: 1-4ATS as a home favorite

TXAM: 1-6ATS after scoring less than 20 points in previous game

TXAM: 11 of last 16- Under

TXAM: 9 of last 12 as a favorite- Under (5 of 6 as a home favorite- Under)

NM: 4-1ATS last 5 played on a Saturday

NM: 12 of last 18 as an underdog- Under

Picks: SU- Texas A&M 31-10 / ATS- New Mexico / OU- Under

Alabama -15.5 @ Florida (56)

ALA: 9-2ATS last 11 games (7-1ATS last 8 vs. SEC)

ALA: Won 49 straight as double digit favorite vs. SEC (29-20ATS)

ALA: Won 31 straight vs. SEC East (20-11ATS)

ALA: 8 of last 12 vs. SEC- Over (4 of 5 vs. SEC East- Over)

FLA: 0-2ATS this season (1-6-1ATS last 8 games)

FLA: Last 5 vs. SEC West- Over

FLA: 9 of last 12 as an underdog- Over

H2H: ALA won 7 straight (5-2ATS) / ALA 9-3ATS last 12 meetings

H2H: Last 5 meetings have gone Over (4 of 5 at FLA- Over)

Picks: SU- Alabama 54-31 / ATS- Alabama / OU- Over

Mississippi State -3 @ Memphis (64)

MSU: 5-10ATS last 15 on the road

MSU: 4-8ATS vs. winning teams

MSU: 1-7ATS at teams with winning home record

MSU: 8 of last 12- Under

MEM: 5-0ATS as a home dog

MEM: Won 20 straight at home vs. non-conference opponent

MEM: 12-7ATS last 19 at home (covered last 2)

MEM: 5 of last 6- Under

Picks: SU- Memphis 35-20 / ATS- Memphis / OU- Under

Arkansas -23.5 vs. Georgia Southern (52.5)

ARK: 4-12-1ATS as a favorite

ARK: 4-15ATS following a win

ARK: 1-9-2ATS after scoring 40+ points

ARK: 4 of last 6- Over (Last 2 at home- Over)

GSU: 6-0ATS vs. teams with a winning record

GSU: 5-1-1ATS last 7 vs. SEC

GSU: 4-1ATS in Week 3

GSU: 5 of last 7 on Saturday- Over

Picks: SU- Georgia Southern 31-27 / ATS- Georgia Southern / OU- Over

Georgia -30.5 vs. South Carolina (48.5)

UGA: 4-5ATS last 9 games (7-9ATS last 16 vs. SEC)

UGA: 5 of last 6- Over (last 4 at home- Over)

UGA: 6 of 7 vs. SEC- Over (4 of 5 vs. SEC East- Over)

SC: 12-7ATS last 19 on the road

SC: 7 of last 11- Over (5 of last 6 on road- Over)

SC: 5 of last 6 vs. SEC East- Over

H2H: SC 6-2ATS last 8 at UGA

H2H: Road team is 5-0ATS last 5 meetings

H2H: 6 of last 8 meetings- Over (4 of 6 @ UGA- Over)

Picks: SU- Georgia 38-17 / ATS- South Carolina / OU- Over

Auburn +6 @ Penn State (52.5)

AUB: 15-8ATS last 23 on Saturday

AUB: 7-0ATS in September

AUB: 7-2ATS last 9 vs. non-conference opponents

AUB: 4 of last 5- Over (Last 4 vs. non-conference- Over)

PSU: 0-5ATS last 5 vs. SEC

PSU: Last 4 vs. team with winning road record- Over

Picks: SU- Penn State 31-28 / ATS- Auburn / OU- Over

LSU -19 vs. Central Michigan (61)

LSU: 2-6ATS last 8 vs. non-conference at home
LSU: 56-1SU last 57 games at home vs. non-conference
LSU: Won 20 of 23 at home (94-13SU last 107 home night games)
CMU: 4-1ATS last 5 games
CMU: 5-0ATS last 5 on the road
CMU: 4 of last 5 games- Under (Last 4 on road- Under)
Picks: SU- LSU 31-28 / ATS- Central Michigan / OU- Under

Vanderbilt +11 vs. Stanford (49)

VAN: 4-13ATS last 17 at home (1-5ATS last 6 at home)
VAN: 2-12ATS as a home underdog
VAN: Last 5 vs. non-conference opponents- Under
VAN: 13 of last 19 games- Under (6 of 10 at home- Under)
STAN: 4-1ATS last 5 games
STAN: 5 of last 6 after scoring 40+ points- Under
Picks: SU- Stanford 28-14 / ATS- Stanford / OU- Under

Ole Miss -14 vs. Tulane (72.5)

OM: 5-15ATS last 20 in Week 3
OM: 7 of last 8 following a win- Over
OM: 5 of last 7 at home- Over
TLN: 8-2ATS last 10 games (covered last 8 on Saturday)
TLN: 9 of last 13- Over (6 of 7 in September- Over)
Picks: SU- Ole Miss 41-35 / ATS- Tulane / OU- Over

5 BEST BETS

- BEST BET: Georgia Southern +23 @ Arkansas**
- 2. Central Michigan +20.5 @ LSU**
- 3. Cincinnati -3 @ Indiana**
- 4. Memphis +3 vs. Mississippi State**
- 5. SMU -13.5 @ Louisiana Tech**

FAVORITE OVER/UNDERS

- BEST BET: Maryland @ Illinois U59**
- 2. Alabama @ Florida O56**
- 3. Boston College @ Temple U60.5**
- 4. Connecticut @ Army U51.5**
- 5. Arizona State @ BYU O50.5**

BEST NFL BETS OF THE WEEK

BEST BET: Cardinals -4 vs. Vikings

2. Cowboys @ Chargers U55

3. Packers -10.5 vs. Lions

4. Chiefs-Ravens U54.5

5. Broncos -6 @ Jaguars

There you have it. For more trends, notes and Nuggets on the College Football and NFL Season's, check out my podcast- The Odds Couple on GrindCityMedia.com. Subscribe wherever you get your podcasts. You can follow me on Twitter @thefishnation, on Instagram @thefishnation_, and on Facebook. You can also email me with any comments or questions at rfischer@grizzlies.com. Enjoy the weekend!